

RESTAURANT + BAR GUIDE

	Opening hours	Details
Bandu Beach	9am - 5.30 pm	Beach Bar, snacks
Bar in the Bush	Wed/Fri 9pm - late	Night club
Big Mamma's Cafe	6am - 4pm	Sandwiches
Bundu Cafe	Mon - Sat 8am - 3pm; Tue/Thu/Sun, 6pm - 10pm	Sandwiches, salads & international food
Cafe Baracuda	Mon - Sat 6.30am - 11pm	International food
Captain Jack's	7am - 2pm	Local food
Casino	8am - 12am Sat til 3am	Night club & Local food
Coco Loco	4pm - 12am Fri/Sat til 1am	Dock Bar
Cola de Mico Pool Hool	Tue - Sun, 9am - 10pm, Fri/Sat til 12pm	Pool bar
Coopers Inn	5pm - 10pm, closed Wed/Sun	Pizza & Pasta
Dave's Restaurant	Mon - Sat 6.30pm - 9.30pm	BBQ
El Castillo	Thu - Mon, 6pm - 10pm	International food
Fidi's Bar	Tue - Sun 10am - 7pm	Local food
Glady's Big Burgers	everyday, 11am - 10pm	Burgers
Holand's Restaurant	11.30am - 2pm	Local food
Jade Seahorse	7am - 10pm closed Tue/Wed	International food
Kobs	9am - 10pm	Ice Cream
La Cassetta de Coca	Tue - Sun, 8am - 10pm	Snacks
La Piccola	Wed - Sun 5pm - 10pm,	Italian food
Las Delicias	3pm - 12am Sat 3pm - 3am	
Mamita's Place	Mon - Sat 7.30am - 2pm 4.30 pm - 10pm	Local food
Mango Inn	6.30am - 9.30pm	Pizza & international food
Mango Tree Gelateria	Mon - Sat 8am - 10pm Sun 10pm - 10pm	Ice Cream
Mermaids	Sun - Thu 11am - 10pm Fri til 3pm Sat 6.30pm - 10pm	Food deliveries, international fast food
Munchies	everyday 6am - 10pm	International food
Paisano	7am - 10pm	Local food
Pelican Bar	11am - 10pm	International food
RJ's	Wed/Fri/Sun 5.30 pm - 9.30 pm	BBQ
Scotty's	5pm - 10pm	Asian & bar food
Seabreakers	5pm - 12am	
Seven Seas	Tue - Sun 6am - 10pm	Local food
Skidrows	3pm - 12am	
The Island Cafe		International food
Tranquila Bar	3pm - 12am Fri/Sat 3pm - 2.30am	Dock bar
Treetanic Bar	7pm - 12am	Cocktails
Tropical Sunset	Thu - Mon 5.30pm - 9pm	Local food
Ultralight Cafe	Sun - Fri 7am - 10pm	Israeli food
Utila Cuisine	9am - 10pm	Local & vegetarian food
Zanzibar Cafe	7am - 4pm	Local food

SERVICES

Supermarkets

Bush Supermarket Mon - Sat, 6.30am - 6pm Sun til 12pm
Henderson Supermarket Mon - Sat 7am - 12pm 2pm - 6.30pm
Supermarket Rose Mon - Sat 8am - 12pm 2pm - 8pm
Sea Eye Store Mon - Sun 6.30am - 12pm 2pm - 6pm
Samanthas (7-11) 7.30am 11pm
Meat Mart Mon - Sat 7am - 12pm 2pm - 6pm Sun til 12pm

Hardware Stores

Del Olmo Comercial "Delco" Sun - Fri 8am - 6pm
5 Sisters Mon - Fri 7am - 12pm 1.30pm - 5.30pm Sun 8am - 12pm
Ferreteria Rose Mon - Fri 7am - 12pm 1.30 pm - 5.30pm Sun 8am - 12pm

Others

Camilla's Bakery Mon - Fri 8.30am - 2pm
Hairdresser Fringe Salon Mon/Tue/Thu, 9am - 1pm 2pm - 6pm Fri/Sat 12pm - 8pm
Hondutel 8am - 8pm

Health Service

Utila Community Clinic (Dr. John) Mon - Fri, 8.00 am - 12.00 pm
Centro de Salud Utila Mon - Fri, 8.00 am - 12.00 pm
Medical Store Mon - Sun, 8.00 am - 8.00 pm

Banks

BGA Bank - Mon - Fri 8:30am - 3.30pm Sat til 12:30pm
Banco Atlantida Mon - Fri 8.30am - 3.30pm Sat til 12.30pm

Hole in the Wall

Famous Johnny Cake


Cinnamon rolls

Banana bread

Hot tea & coffee

Opposite UDC

Open 7 - 12am
2 - 5pm



We have made the best effort possible to ensure all information is correct. Please contact us with and changes/ additions.

Taxis	Sosa Airlines	Atlantic Airlines	Media	Church Service Times	Hondutel Phone Prices
<p>Hank's Taxi - Tel 425 3180 397 1678</p> <p>Gringo's Taxi - Tel 376 6049</p> <p>Paisano Taxi - Tel 425 3311</p> <p>Tony's Taxi - Tel 425 3165</p>	<p>Utila - La Ceiba \$US 32 One way inc. taxes</p> <p><i>To Utila</i> 6am - 6.10am (Mon - Sat) 3:30pm - 3:40pm (Mon - Sun)</p> <p><i>From Utila</i> 6.20am - 6.30am (Mon - Sat) 9.50am - 10am (Mon - Sat)</p> <p>Utila - San Pedro Sula US90 One way fare inc. taxes.</p> <p><i>To Utila</i> 8:15am - 10am (Mon - Sat) 2:15pm - 3:40pm (Mon - Sat)</p> <p><i>From Utila</i> 6:30am - 12:40pm (Mon - Sat) 7:50am - 2pm (Mon - Sat)</p>	<p>Utila - La Ceiba \$US32 One-way inc. taxes</p> <p><i>To Utila</i> 7am - 7:10 am (Mon - Sat) 3:15 pm - 3:25 pm (Mon - Sun)</p> <p><i>From Utila</i> 7:50 am - 8am (Mon - Sat) 3:50 pm - 4pm (Mon to Sun)</p> <p>Utila - Roatan \$US63 Oneway inc. taxes</p> <p><i>To Utila</i> 6:15am - 6:30am (Mon - Sat) 12:30pm-3:30pm (via La Ceiba) (Mon to Sun)</p> <p><i>From Utila</i> 7:30am - 17:45am (Mon - Sat)</p>	<p>3:30pm - 5:20pm (via La Ceiba)</p> <p>Utila - San Pedro Sula Flights \$US 75 One way inc. taxes</p> <p><i>To Utila</i> 1:50 pm - 3:40 pm (Mon - Sun)</p> <p><i>From Utila</i> 7:50am - 8.55am (Mon - Sun)</p>	<p>of the daily news and interviews about events in Utila. 7pm - 8pm Mon - Thur</p> <p>Church Service Times</p> <p>The Church of the Prophecy of Christ, Utila broadcast from 6pm - 7pm three nights a week, (in Spanish)</p> <p>Utila Catholic Church, Iglecia Catolica de Utila Our Lady of Carmen, <i>Nuestra Señora del Carmen</i> 7pm - 8pm Thu, Sat & Sun 7pm - 8pm Jue, Sab y Dom 9am - 11am for Sunday School 9am - 11am Dom con clases de orientacion religiosa para niños</p>	<p>Mizpath Methodist Church Sunday Preaching 10.30am Sunday School 2.30pm Preaching 7pm Mon 7pm Christian Endeavour Wed 7pm Bible Study Thur 7pm Mens fellowship Fri 7pm Prayer meeting.</p>
<p>Princess Ferry</p> <p>Utila - La Ceiba: 6:20am & 2pm La Ceiba - Utila: 9:30am & 4pm Adults: \$US 14 one-way Children (6 - 12 yrs): \$US 7 one-way children (under 6 years old) travel free if accompanied by an adult.</p>					<p>Most Europe 6 lps/min US/Canada 5 lps/min Europe Mobile 13 lps/min Central America 8 -12 lps/min South America 6 - 8 lps/min South Asia 11 lps/min <i>Other prices available</i></p>